

### Join NIED's Education Committee and Make a Difference!

At NIED, we believe that **education is the key** to better understanding, better support, and better treatment for those impacted by eating disorders. That's why a core focus of ours is on creating and sharing educational resources that empower both individuals with eating disorders and their caregivers.

### What does the Education Committee do?

Our committee is responsible for developing, delivering, and sharing a wide range of resources, including symposia, webinars, lunch-and-learns, tools, and other educational materials. These resources aim to have a direct and meaningful impact on those facing the challenges of eating disorders and their families.

**We meet virtually** once a month for an hour, usually in the early evening, to brainstorm, strategize, and implement these educational programs.

## Who are we looking for?

We're seeking enthusiastic, passionate individuals who are willing to roll up their sleeves and get involved. Whether you have a background in education, healthcare, lived experience with eating disorders, or simply a desire to help, we'd love to hear from you! Your input will make a difference.

# Why join?

By joining the Education Committee, you'll be part of a team that is making a real difference in the lives of people affected by eating disorders. You'll contribute to creating impactful educational resources that provide vital information to those who need it most.

# Interested?

Please reach out to us at lynne@nied.ca to express your interest or for more information.

Help us change lives through education!