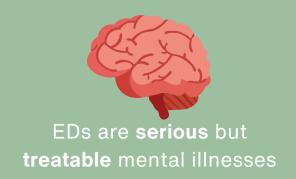
EATING DISORDER FACTS & FIGURES



2.7 MILLION

people in Canada are impacted by eating disorders

EDs are influenced by both **genetic** and **environmental** (e.g. pressure to be thin, trauma, etc.) factors

EDs have the highest mortality rate of any mental illness (10-15%)



EDs can cause debilitating physical and mental health effects



Eating disorders can affect anyone regardless of gender, age, racial and ethnic identity, sexual orientation or socio-economic background

Spikes in ED-related emergency room visits and hospital admissions have been observed during the COVID-19 pandemic



Only

10%

of people struggling with disordered eating ever receive appropriate treatment

50%

of people with EDs also meet the criteria for depression

1.4 MILLION

Canadians affected by eating disorders are youth

